

CHRISTMAS TREE OF kindness

COURTESY is one of our tenets of Tae Kwon Do and now more than ever we need to show that we can be polite and kind. To help our students learn this important tenet we created this Christmas activity and once we receive all of the student's creations, we will showcase them by creating a gigantic tree at the studio.

Each day our students needs to focus on doing one random act of kindness to create their tree. They need to complete 9 acts of kindness (one per triangle) before December 15, 2020. Students will write one act of kindness in each triangle and decorate it if they want to do so. After finishing this task, they will tape together their triangles to complete their tree as we show in the following picture.



My
kindness
Christmas tree

My

kindness

Christmas Tree





